

BABY'S 1ST YEAR

9-12 MONTHS

Social

- Around 9 months, babies start to understand object permanence. In other words, they learn that something can exist even if they don't see it.
- The peak of separation anxiety hits around 9 months as well.
- Throughout this time, babies start to be more expressive in their communication like waving "bye bye" or lifting their arms up when they want carried
- They also start experimenting more with cause & effect & reciprocal communication
- By 12 months, babies say 2-3 words on average (often "mama" & "dada")

Physical

- Throughout these months, babies get better at stacking & sorting toys
- They may start to try to climb up stairs
- Around 10 months, your baby may start pulling up to a stand
- Beginning walkers like to cruise around the room holding on to furniture
- By the 12 month mark, your baby may be standing on their own & taking first steps



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